

# Nutrition Facts

Serving size 1 wrap

Amount Per Serving

**Calories** 380

% Daily Value\*

**Total Fat** 11g 14%

Saturated Fat 4g 20%

*Trans* Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 3g

**Cholesterol** 40mg 13%

**Sodium** 920mg 40%

**Total Carbohydrate** 59g 21%

Dietary Fiber 7g 25%

Total Sugars 27g

Includes 14g Added Sugars 28%

**Protein** 16g 32%

Vitamin D 0mcg 0%

Calcium 166mg 15%

Iron 2mg 10%

Potassium 623mg 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.