



Peach Crumble

Servings 8 | Prep time 5 mins. | Total time 30-35 mins.

Equipment:

9-inch pie pan Small bowl Large bowl Can opener

Utensils:

Spoon

Fork

Measuring cups and spoons

Ingredients

Non-stick spray

4 15 ounce cans sliced peaches in juice, drained

2 tablespoons corn starch

1 teaspoon (regular or imitation) vanilla extract

2 teaspoons ground cinnamon, divided

2/3 cup rolled oats

1/3 cup brown sugar

1/3 cup whole wheat flour

2 1/2 tablespoons butter

Instructions

- 1. Before you begin, wash your hands, surfaces, utensils, and tops of cans.
- 2. Preheat oven to 400 degrees.
- 3. Spray a 9-inch-deep dish pie pan with non-stick spray and pour peaches in the pan. Spread evenly across pie pan.
- 4. In a small bowl, combine corn starch, vanilla, and 1 teaspoon cinnamon. Pour mixture over peaches.
- 5. In a large bowl, mix the remaining cinnamon, oats, brown sugar, flour, and butter with a fork until it forms a crumbly texture. Sprinkle over peaches in pie pan.
- 6. Bake for 25 to 30 minutes or until juices are thickened and bubbly, and topping is lightly browned. Serve while hot.

Nutritional Information:

Calories 270 Total Fat 5g Sodium 45mg Total Carbs 59g Protein 3g