

Nutrition Facts

Serving size

1 cookie

Amount Per Serving

Calories

120

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 1.4g **7%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 2g

Cholesterol 10mg **3%**

Sodium 135mg **6%**

Total Carbohydrate 15g **5%**

Dietary Fiber 1g **4%**

Total Sugars 9g

Includes 8g Added Sugars **16%**

Protein 3g **6%**

Vitamin D 0mcg **0%**

Calcium 33mg **2%**

Iron 0.7mg **4%**

Potassium 90mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.