

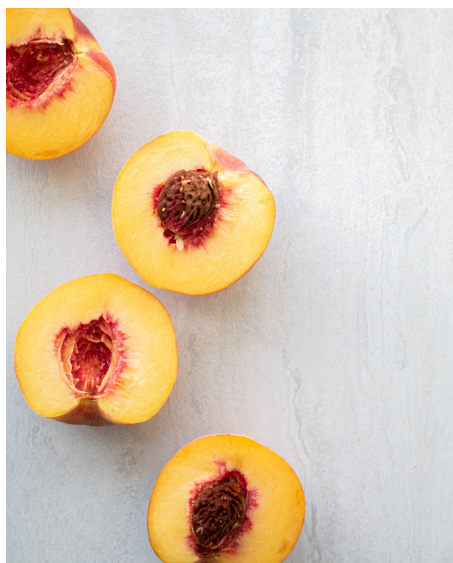


JULY 2021



## Potato Salad

Find this recipe and more healthy, low-cost meal ideas at [CelebrateYourPlate.org](https://CelebrateYourPlate.org)



### What's in Season: July

Corn  
Peaches  
Zucchini  
Tomatoes  
Cantaloupe



### Featured Produce: Cantaloupe

**Peak Season:** Summer

**Selection:** Pick fragrant, symmetrical cantaloupes with no bruises.

**How to Prepare:** Add cut cantaloupe to a fruit salad, salsa, or kebab

**Storage:** Keep uncut cantaloupes at room temperature for up to 1 week



### SNAP-Ed Snapshot

Program Assistant Sarah from Auglaize County recently shared the Celebrate Your Plate Asian Chicken Pita recipe through a virtual SNAP-Ed program with participants at Mercer County Board of DD. Click below to learn more about SNAP-Ed programs close to you!

<https://fcs.osu.edu/programs/nutrition/snap-ed>