



MARCH 2023



Potato Tot Casserole

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What's in Season: March

- Chives
- Horseradish
- Mushrooms
- Sprouts



Featured Produce: Mushrooms

Peak Season: Spring & fall

Selection: For fresh mushrooms, pick ones without spots and with a firm texture

How to Prepare: Sauté mushrooms, slice them on top of a veggie pizza, or add into a soup or casserole

Storage: Refrigerate up to 1 week in original container or paper bag



National School Breakfast Week

March 6-10 is National School Breakfast Week! This week focuses on the importance of students starting their mornings right with healthy choices to fuel them for a day of learning.