

Nutrition Facts

Serving size

1 cupcake

Amount Per Serving

Calories

130

% Daily Value*

Total Fat 3.5g **4%**

Saturated Fat 0.9g **5%**

Trans Fat 0.2g

Polyunsaturated Fat 1g

Monounsaturated Fat 1.4g

Cholesterol 45mg **15%**

Sodium 250mg **11%**

Total Carbohydrate 24g **9%**

Dietary Fiber 1g **4%**

Total Sugars 12g

Includes 10g Added Sugars **20%**

Protein 3g **6%**

Vitamin D 0.2mcg **0%**

Calcium 47mg **4%**

Iron 1.1mg **6%**

Potassium 149mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.