

Nutrition Facts

2 servings per container

Serving size **2 filled pita halves**

Amount Per Serving

Calories **250**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Polyunsaturated Fat 1.6g

Monounsaturated Fat 2g

Cholesterol 55mg **18%**

Sodium 300mg **13%**

Total Carbohydrate 27g **10%**

Dietary Fiber 2g **7%**

Total Sugars 17g

Includes 3g Added Sugars **6%**

Protein 23g **46%**

Vitamin D 0mcg 0%

Calcium 42mg 4%

Iron 2mg 10%

Potassium 501mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.