

Nutrition Facts

Serving size

1 sandwich

Amount Per Serving

Calories

370

% Daily Value*

Total Fat 13g **17%**

Saturated Fat 7g **35%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 3g

Cholesterol 35mg **12%**

Sodium 660mg **29%**

Total Carbohydrate 40g **15%**

Dietary Fiber 8g **29%**

Total Sugars 6g

Includes 3g Added Sugars **6%**

Protein 23g **46%**

Vitamin D 0.1mcg **0%**

Calcium 527mg **40%**

Iron 3mg **15%**

Potassium 511mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.