

Nutrition Facts

8 servings per container

Serving size

1 wedge

Amount Per Serving

Calories

190

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 0.72g **4%**

Trans Fat 0.032g

Polyunsaturated Fat 2.261g

Monounsaturated Fat 4.638g

Cholesterol < 5mg **1%**

Sodium 140mg **6%**

Total Carbohydrate 24g **9%**

Dietary Fiber 2g **7%**

Total Sugars 12g

Includes 8g Added Sugars **17%**

Sugar Alcohol 0g

Protein 5g **10%**

Vitamin D 0.234mcg **2%**

Calcium 94mg **8%**

Iron 0.842mg **4%**

Potassium 180mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.