



No-Bake Lemon Pies

Servings 8 | Prep time 15 mins. | Total time 15 mins.

Equipment:

Medium bowl
Zip-close plastic bag
Square or round serving dish (8x8-inch serving dish, pie plate, etc.)

Utensils:

Measuring cups and spoons
Mixing spoon
Spoon

Ingredients

2 cups vanilla low-fat yogurt
3 tablespoons lemon pudding mix
1 8 ounce can mandarin oranges in juice, drained
1/2 cup blueberries
4 graham crackers, crushed

Nutritional Information:

Calories 90
Total Fat 0g
Sodium 125mg
Total Carbs 18g
Protein 3g

Instructions

1. Before you begin, wash your hands, surfaces, utensils, tops of cans, and fruit.
2. Add vanilla yogurt and pudding mix together in a medium bowl. Mix until combined. Add mandarin oranges and blueberries to bowl and gently stir.
3. Put graham crackers in a zip-close plastic bag and crush with your hands until they are a uniform consistency.
4. Place graham crackers in the bottom of the serving dish. Use the back of a spoon to smooth them into an even layer.
5. Pour pudding mixture over graham cracker layer. Eat immediately or refrigerate for a firmer texture.