

Nutrition Facts

Serving size

1 burrito

Amount Per Serving

Calories

470

% Daily Value*

Total Fat 18g **23%**

Saturated Fat 6g **30%**

Trans Fat 0g

Polyunsaturated Fat 4g

Monounsaturated Fat 6g

Cholesterol 195mg **65%**

Sodium 920mg **40%**

Total Carbohydrate 56g **20%**

Dietary Fiber 9g **32%**

Total Sugars 5g

Includes 1g Added Sugars **2%**

Protein 24g **48%**

Vitamin D 1.4mcg **6%**

Calcium 409mg **30%**

Iron 3.3mg **20%**

Potassium 568mg **10%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.