



January 2024



## Crockpot Chicken Noodle Soup

Find this recipe and more healthy, low-cost meal ideas at [CelebrateYourPlate.org](https://CelebrateYourPlate.org)



### What's in Season: January

Mushrooms  
Horseradish  
Sprouts



### Featured Produce: Celery

Peak Season: Fall & winter

**Selection:** Pick straight, rigid stalks with fresh leaves

**How to Prepare:** Add chopped celery to soups or salads

**Storage:** Refrigerate in a plastic bag for a week or more



### National Slow Cooker Month

Enjoy delicious meals all January long for National Slow Cooker Month! Visit the Celebrate Your Plate recipe page and find recipes made using a slow cooker such as soups, pot roast, lasagna, and even bread.

[CelebrateYourPlate.org](https://CelebrateYourPlate.org)

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