

Nutrition Facts

6 servings per container

Serving size

2 cookies

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0.8g

Cholesterol 0mg **0%**

Sodium 160mg **7%**

Total Carbohydrate 41g **15%**

Dietary Fiber 6g **21%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vitamin D 0mcg **0%**

Calcium 34mg **2%**

Iron 1.9mg **10%**

Potassium 360mg **8%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.