



# French Salad Dressing

Servings 3 | Prep time 3 mins. | Total time 3 mins.

**Equipment:** Measuring Cups and Spoons, Jar or Bottle with Lid

**Utensils:** Whisk or Fork for Mixing Dressing Together

## Ingredients

2 tablespoons olive or vegetable oil

¼ cup ketchup

1 teaspoon honey, or sugar

1 tablespoon white vinegar

½ teaspoon paprika

1 tablespoon onion powder

1 tablespoon lemon juice

# Instructions

1. Before you begin wash your hands, surfaces, and utensils.
2. Combine all ingredients into a jar or bottle with a tight-fitting lid.
3. Put on lid and shake well. If ingredients have not mixed thoroughly whisk with fork before serving.
4. Chill in the fridge for at least 1 hour before serving.
5. Store any leftover dressing in an airtight container in the refrigerator for no more than 4 days.

## Nutritional Information:

Calories 60   Total Fat 4.5g   Sodium 90mg   Total Carbs 5g   Protein 0g