

Nutrition Facts

Serving size 1 3-inch square piece

Amount Per Serving

Calories **60**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Polyunsaturated Fat 0.2g

Monounsaturated Fat 0.4g

Cholesterol < 5mg **1%**

Sodium 20mg **1%**

Total Carbohydrate 9g **3%**

Dietary Fiber 2g **7%**

Total Sugars 7g

Includes 2g Added Sugars **4%**

Protein 2g **4%**

Vitamin D 0mcg **0%**

Calcium 65mg **4%**

Iron 0.2mg **2%**

Potassium 134mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.