

Nutrition Facts

Serving size

1 cupcake

Amount Per Serving

Calories

30

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0.3g	2%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.2g	
Monounsaturated Fat 0.3g	
Cholesterol 25mg	8%
Sodium 65mg	3%
Total Carbohydrate 5g	2%
Dietary Fiber < 1g	2%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 1g	2%
Vitamin D 0.1mcg	0%
Calcium 13mg	0%
Iron 0.4mg	2%
Potassium 63mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.