

# Nutrition Facts

**Serving size** 1 wrap

**Amount Per Serving**

**Calories** 280

**% Daily Value\***

**Total Fat** 12g 15%

Saturated Fat 2g 10%

*Trans* Fat 0g

Polyunsaturated Fat 2.7g

Monounsaturated Fat 6g

**Cholesterol** 20mg 7%

**Sodium** 650mg 28%

**Total Carbohydrate** 33g 12%

Dietary Fiber 8g 29%

Total Sugars 3g

Includes < 1g Added Sugars 1%

**Protein** 12g 24%

Vitamin D 0mcg 0%

Calcium 119mg 10%

Iron 2mg 10%

Potassium 639mg 15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.