

# Nutrition Facts

Serving size 1 cup

Amount Per Serving

**Calories** 25

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 10mg 0%

**Total Carbohydrate** 6g 2%

Dietary Fiber < 1g 3%

Total Sugars 5g

Includes 1g Added Sugars 2%

**Protein** 0g 0%

Vitamin D 0mcg 0%

Calcium 12mg 0%

Iron 0mg 0%

Potassium 40mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.